

# August 2015

## Elementary School Lunch Menu

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



**17**  
**Lunch Entrées-Choose One**  
 Chicken Smackers w/Breadstick  
 Sloppy Joe  
 Chs Stick/Yogurt/Granola  
 \*Chef Salad  
  
**Sides-Choose One or More**  
 Green Beans, Roasted Cauliflower  
 Diced Pears, Fresh Apple

**18**  
**Lunch Entrées-Choose One**  
 Beef Taco  
 Large Macaroni & Cheese & Brdstix  
 Ham & Cheese Sandwich  
 \*Chef Salad  
  
**Sides-Choose One or More**  
 Black Eyed Peas, Veggie Cup  
 Pineapple Tidbits, Juice Variety

**19**  
**Lunch Entrées-Choose One**  
 Spaghetti w/Cinn Roll  
 Chicken Sandwich  
 Combo Delil on Bun  
 Chicken Strip Salad  
  
**Sides-Choose One or More**  
 Steamed Squash w/ **Fresh SC Grown Squash**  
 Caesar Salad  
 Peaches, Fresh Grapes

**20**  
**Lunch Entrées-Choose One**  
 Chicken Pot Pie w/Breadstick  
 \*Hotdog  
 Turkey & Cheese Mini Sub  
 \*Chef Salad  
  
**Sides-Choose One or More**  
 Seasoned Carrots, Slice Cucumbers  
 Applesauce, Fresh Banana  
  
**\*\* B-Day Rice Krispy Treat\*\***

**21**  
**Lunch Entrées-Choose One**  
 NY Cheese Pizza  
 Fish Sandwich  
 Chs Stick/Yogurt/Granola  
 \*Chef Salad  
  
**Sides-Choose One or More**  
 Corn, Garden Salad  
 Fruit Cocktail, Fresh Orange Slices

**24**  
**Lunch Entrées-Choose One**  
 Chicken Tenders w/Roll  
 Meatball Sub  
 Chs Stick/Yogurt/Honey Granola  
 \*Chef Salad  
  
**Sides-Choose One or More**  
 Green Beans, Fresh Baby Carrots  
 Mandarin Oranges, Fresh Apple

**25**  
**Lunch Entrées-Choose One**  
 \*BBQ w/Rice & Breadstick  
 Corndog  
 Ham & Cheese Sandwich  
 \*Chef Salad  
  
**Sides-Choose One or More**  
 Cucumber & Tomato Salad  
 Picante Pinto Beans  
 Fruit Cocktail, Juice Variety

**26**  
**Lunch Entrées-Choose One**  
 \*Sausage & Pancakes  
 Hamburger  
 Combo Delil on Bun  
 Chicken Strip Salad  
  
**Sides-Choose One or More**  
 Sweet Potato Waffle Fries, Spinach Salad  
 Peaches, Fresh Grapes

**27**  
**Lunch Entrées-Choose One**  
 Chic Cordon Bleu w/Breadstick  
 Mozz. Twisted Cheese Bread  
 Turkey & Cheese Mini Sub  
 \*Chef Salad  
  
**Sides-Choose One or More**  
 Parsley Potatoes, Steamed Broccoli  
 Applesauce  
**Fresh SC Grown Cantaloupe**

**28**  
**Lunch Entrées-Choose One**  
 4x6 Nardone's Cheese Pizza  
 Teriyaki Chicken w/Rice  
 Chs Stick/Yogurt/Honey Granola  
 \*Chef Salad  
  
**Sides-Choose One or More**  
 Corn, Bell Pepper Strips  
 Fruit Cocktail, Fresh Orange Slices

**MEALTIME MESSAGE**

Lunch \$2.75

Assorted Milk Choices Available Daily for Breakfast and Lunch: 1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

**This Month's SC Grown Fresh Produce....**



**Fun Facts:**

Even though most people identify squash with vegetables, from a botanical standpoint, they're considered fruits because they contain the seeds of the plant. Squash are divided into two categories -- summer and winter squash.

Cantaloupes belong to the same family as cucumber and squash, so it is considered a gourd. It is also a good source of Dietary Fiber, Niacin, Vitamin B6 and Folate, and a very good source of Vitamin A, Vitamin C and Potassium.

\* Contains Pork

All Bread that is served in Lexington School District #1 is Whole Grain.

Menu Items subject to change based upon availability.



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