

September 2014

Elementary School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NO SCHOOL FOR STUDENTS</p> 	<p>Lunch Entrées-Choose One Chopped BBQ Pork w/Rice Seasoned Chicken Filet Sandwich Chef Salad</p> <p>Sides-Choose One or More Green Peas, Cucumber & Tomato Salad Peaches, Fresh Strawberries</p> <p>Tuesday Cold Bag Lunch Option: Ham & Cheese Sandwich w/Baby Carrots and Fresh Grapes</p>	<p>Lunch Entrées-Choose One Italian Chicken & Pasta w/Cinnamon Roll Toasted Cheese Sandwich Chef Salad</p> <p>Sides-Choose One or More Seasoned Carrots, Caesar Salad Grape Juice, Pineapple</p> <p>Wednesday Cold Bag Lunch Option: Ham, Turkey, & Cheese Deli Wrap w/Celery Sticks and Fresh Orange Slice</p>	<p>Lunch Entrées-Choose One Herb Roasted Chicken w/Golden Wheat Roll Build Your Own Taco Chef Salad</p> <p>Sides-Choose One or More Black Eyed Peas, Fresh Broccoli Florets Diced Pears, Fresh Orange Slices</p> <p>Thursday Cold Bag Lunch Option: Turkey & Cheese Mini Sub w/Cauliflower Florets and Apple Juice</p>	<p>Lunch Entrées-Choose One **NY Style Pepperoni Pizza Chicken Pot Pie w/Golden Wheat Roll Chef Salad</p> <p>Sides-Choose One or More Parsley Potatoes, Celery Sticks Mandarin Oranges, Fresh Grapes</p> <p>Friday Cold Bag Lunch Option: Yogurt, Cheddar Cheese, Granola w/Sliced Cucumbers and Fresh Apple</p>
<p>Lunch Entrées-Choose One Chicken Nuggets w/Golden Wheat Roll Large Macaroni & Cheese w/Golden Wheat Roll Chef Salad</p> <p>Sides-Choose One or More Roasted Vegetables, Sliced Tomatoes Peaches, Fresh Kiwi</p> <p>Monday Cold Bag Lunch Option: Yogurt, String Cheese, Granola w/Broccoli Florets and Applesauce</p>	<p>Lunch Entrées-Choose One Beef Stroganoff w/Rice **State Fair Corndog Chef Salad</p> <p>Sides-Choose One or More Picante' Pintos, Veggie Cup Fruit Cocktail, Fresh Apple</p> <p>Tuesday Cold Bag Lunch Option: Ham & Cheese Sandwich w/Baby Carrots and Fresh Grapes</p>	<p>COLLABORATIVE DAY Lunch Entrées-Choose One Turkey Deli Sub Corndog</p> <p>Sides-Choose One or More Fresh Baby Carrots, Fresh Celery Sticks Juice Variety, Fresh Peach</p>	<p>Lunch Entrées-Choose One Roasted Turkey w/Rice Traditional Hamburger w/Garnish Tray Chef Salad</p> <p>Sides-Choose One or More Confetti Collards, Steamed Squash Pineapple, Fresh Banana</p> <p>Thursday Cold Bag Lunch Option: Turkey & Cheese Mini Sub w/Cauliflower Florets and Apple Juice</p>	<p>Lunch Entrées-Choose One **4x6 Variety Pizza Grilled Chicken Wrap Chef Salad</p> <p>Sides-Choose One or More Green Beans, Bell Pepper Strips Diced Pears, Fresh Watermelon</p> <p>Friday Cold Bag Lunch Option: Yogurt, Cheddar Cheese, Granola w/Sliced Cucumbers and Fresh Apple</p>
<p>Lunch Entrées-Choose One Crispy Chicken Strips w/ Golden Wheat Roll **Mini Barbeque Pork Sliders Chef Salad</p> <p>Sides-Choose One or More Crinkle Cut Fries, Fresh Broccoli Florets Diced Pears, Fresh Apple</p> <p>Monday Cold Bag Lunch Option: Yogurt, String Cheese, Granola w/Broccoli Florets and Applesauce</p>	<p>Lunch Entrées-Choose One Herb Roasted Chicken w/Breadstick **All American Hotdog Chef Salad</p> <p>Sides-Choose One or More Green Beans, Fresh Baby Carrots Pineapple, Fresh Orange Slices</p> <p>Tuesday Cold Bag Lunch Option: Ham & Cheese Sandwich w/Baby Carrots and Fresh Grapes</p>	<p>Lunch Entrées-Choose One Classic Spaghetti w/Cinnamon Roll Seasoned Chicken Filet Sandwich Chef Salad</p> <p>Sides-Choose One or More Garden Salad, Steamed Squash Fresh Peach, Fresh Kiwi</p> <p>Wednesday Cold Bag Lunch Option: Ham, Turkey, & Cheese Deli Wrap w/Celery Sticks and Fresh Orange Slice</p>	<p>Lunch Entrées-Choose One Teriyaki Chicken w/Rice Toasted Cheese Sandwich Chef Salad</p> <p>Sides-Choose One or More Sautéed Asian Vegetables, Sliced Cucumbers Mandarin Oranges, Fresh Banana</p> <p>Thursday Cold Bag Lunch Option: Turkey & Cheese Mini Sub w/Cauliflower Florets and Apple Juice</p>	<p>Lunch Entrées-Choose One NY Style Cheese Pizza Slice Monterey Chicken Fajitas Chef Salad</p> <p>Sides-Choose One or More Mixed Vegetables, Black Eyed Peas Applesauce, Orange Juice</p> <p>Friday Cold Bag Lunch Option: Yogurt, Cheddar Cheese, Granola w/Sliced Cucumbers and Fresh Apple</p>
<p>Lunch Entrées-Choose One Popcorn Chicken Bites w/Golden Wheat Roll Large Macaroni & Cheese w/ Roll Chef Salad</p> <p>Sides-Choose One or More Green Peas, Sliced Tomatoes Applesauce, Fresh Orange Slices</p> <p>Monday Cold Bag Lunch Option: Yogurt, String Cheese, Granola w/Broccoli Florets and Applesauce</p>	<p>Lunch Entrées-Choose One Twisted Chicken Alfredo w/Cinnamon Roll Traditional Hamburger w/Garnish Tray Chef Salad</p> <p>Sides-Choose One or More Steamed Squash Fresh Sugar Snap Peas & Carrots Peaches, Fresh Apple</p> <p>Tuesday Cold Bag Lunch Option: Ham & Cheese Sandwich w/Baby Carrots and Fresh Grapes</p>	<p>Lunch Entrées-Choose One Breakfast for Lunch: **Sausage & Pancakes Sloppy Joe Sandwich Chef Salad</p> <p>Sides-Choose One or More Sweet Potato Waffle Fries, Spinach Salad Grape Juice, Fresh Strawberries</p> <p>Wednesday Cold Bag Lunch Option: Ham, Turkey, & Cheese Deli Wrap w/Celery Sticks and Fresh Orange Slice</p>	<p>Lunch Entrées-Choose One Tostitos w/Creamy Queso & Chili **State Fair Corndog Chef Salad</p> <p>Sides-Choose One or More Picante' Pintos, Veggie Cup Fruit Cocktail, Fresh Grapes</p> <p>Thursday Cold Bag Lunch Option: Turkey & Cheese Mini Sub w/Cauliflower Florets and Apple Juice</p>	<p>Lunch Entrées-Choose One **Pint Size Pizza Rounds Grilled Chicken Filet Sandwich Chef Salad</p> <p>Sides-Choose One or More Bell Peppers Strips, Steamed Cabbage Diced Pears, Fresh Watermelon</p> <p>Friday Cold Bag Lunch Option: Yogurt, Cheddar Cheese, Granola w/Sliced Cucumbers and Fresh Apple</p>
<p>Lunch Entrées-Choose One Crispy Chicken Strips w/Golden Wheat Roll Marinara Meatball Sub Chef Salad</p> <p>Sides-Choose One or More Green Beans, Roasted Cauliflower Fruit Cocktail, Fresh Apple</p> <p>Monday Cold Bag Lunch Option: Yogurt, String Cheese, Granola w/Broccoli Florets and Applesauce</p>	<p>Lunch Entrées-Choose One Chopped BBQ Pork w/Rice Seasoned Chicken Filet Sandwich Chef Salad</p> <p>Sides-Choose One or More Green Peas, Cucumber & Tomato Salad Peaches, Fresh Strawberries</p> <p>Tuesday Cold Bag Lunch Option: Ham & Cheese Sandwich w/Baby Carrots and Fresh Grapes</p>			

MEALTIME MESSAGE

Lunch \$2.60

Assorted Milk Choices Available
Daily for Breakfast and Lunch:
1% White, Skim White, Fat Free
Chocolate, Strawberry, and Vanilla

This Month's SC Grown Fresh Produce...

Watermelon



Peaches

Fun Facts:

The first cookbook published in the United States in 1796 contained a recipe for watermelon rind pickles. Food Historian John Martin Taylor says that early Greek settlers brought the method of pickling watermelon with them to Charleston, South Carolina.

The peach tree is often considered to be the tree of life.

** Contains Pork

All Bread that is served in Lexington School District #1 is Whole Grain.

Menu Items subject to change based upon availability.



Make payments easily & safely using Lunchprepay.com

Additional whole fruit and cold vegetable may be selected from the daily menu with the cold bag lunch if desired.