




September 2015

Elementary School Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 31	ENTREES - CHOOSE ONE Chicken Smackers w/Breadstick *BBQ Sandwich Chs Stick/Yogurt/Honey Granola *Chef Salad SIDES - CHOOSE ONE OR MORE Green Beans Fresh Cauliflower Diced Pears Fresh Apple	ENTREES - CHOOSE ONE Teriyaki Beef Strips w/Rice & Brdstck *Hotdog Ham & Cheese Sandwich *Chef Salad SIDES - CHOOSE ONE OR MORE Steamed Mixed Vegetables Sliced Cucumbers Pineapple Juice Variety	ENTREES - CHOOSE ONE Italian Chickn Penne w/Cinn Roll Toasted Cheese Sandwich Combo Deli on Bun Chicken Strip Salad SIDES - CHOOSE ONE OR MORE Corn Caesar Salad Peaches Fresh Grapes	ENTREES - CHOOSE ONE Tostitos w/Chilli & Cheese Grilled Chicken Sandwich Turkey & Cheese Mini Sub *Chef Salad SIDES - CHOOSE ONE OR MORE Veggie Cup Black Eyed Peas Fruit Cocktail Fresh Banana	ENTREES - CHOOSE ONE Pint Size Cheese Pizza Fish Nuggets w/Roll Chs Stick/Yogurt/Honey Granola *Chef Salad SIDES - CHOOSE ONE OR MORE Sliced Tomatoes Confetti Collards Fruit Cocktail Fresh Orange Slices
7	NO SCHOOL FOR STUDENTS 	ENTREES - CHOOSE ONE Roasted Chicken w/Breadstick Hamburger Ham & Cheese Sandwich *Chef Salad SIDES - CHOOSE ONE OR MORE Steamed Broccoli Baked Beans Fruit Cocktail Juice Variety	ENTREES - CHOOSE ONE Mozzarella Cheese Sticks *CornDog Combo Deli on Bun Chicken Strip Salad SIDES - CHOOSE ONE OR MORE Roasted Squash and Zucchini Bell Pepper Strips Fresh SC Grown Peaches Fresh Grapes	ENTREES - CHOOSE ONE Turkey & Gravy w/Breadstick Chicken Fajita Wrap Turkey & Cheese Mini Sub *Chef Salad SIDES - CHOOSE ONE OR MORE Mashed Potatoes Sweet Peas Applesauce Fresh Banana	ENTREES - CHOOSE ONE 4x6 Nardone's Pepp Pizza Beef Stroganoff w/Noodles Chs Stick/Yogurt/Honey Granola *Chef Salad SIDES - CHOOSE ONE OR MORE Corn Celery Sticks Fruit Cocktail Fresh SC grown Watermelon
14	ENTREES - CHOOSE ONE Chicken Smackers w/Breadstick Sloppy Joe Chs Stick/Yogurt/Granola *Chef Salad SIDES - CHOOSE ONE OR MORE Green Beans Roasted Cauliflower Diced Pears Fresh Apple	ENTREES - CHOOSE ONE Beef Taco Large Macaroni & Cheese & Brdstck Ham & Cheese Sandwich *Chef Salad SIDES - CHOOSE ONE OR MORE Black Eyed Peas Veggie Cup Pineapple Tidbits Juice Variety	Collaborative Planning Day ENTREES - CHOOSE ONE Ham & Cheese Sandwich with WG Cheez-Its SIDES - CHOOSE ONE OR MORE Celery Sticks Fresh Baby Carrots Fresh Apple 100% Frozen Fruit Juice Cool Rips	ENTREES - CHOOSE ONE ** B-Day Rice Krispy Treat** Chicken Pot Pie w/Breadstick *Hotdog Turkey & Cheese Mini Sub *Chef Salad SIDES - CHOOSE ONE OR MORE Seasoned Carrots Slice Cucumbers Applesauce Fresh Banana	ENTREES - CHOOSE ONE NY Cheese Pizza Fish Sandwich Chs Stick/Yogurt/Granola *Chef Salad SIDES - CHOOSE ONE OR MORE Corn Garden Salad Fruit Cocktail Fresh Orange Slices
21	ENTREES - CHOOSE ONE Chicken Tenders w/Breadstick Meatball Sub Chs Stick/Yogurt/Honey Granola *Chef Salad SIDES - CHOOSE ONE OR MORE Green Beans Fresh Baby Carrots Mandarin Oranges Fresh Apple	ENTREES - CHOOSE ONE *BBQ w/Rice & Breadstick CornDog Ham & Cheese Sandwich *Chef Salad SIDES - CHOOSE ONE OR MORE Cucumber & Tomato Salad Picante Pinto Beans Fruit Cocktail Juice Variety	ENTREES - CHOOSE ONE *Sausage & Pancakes Hamburger Combo Deli on Bun Chicken Strip Salad SIDES - CHOOSE ONE OR MORE Sweet Potato Waffle Fries Spinach Salad Peaches Fresh Grapes	ENTREES - CHOOSE ONE Chic Cordon Bleu w/Breadstick Mozz. Twisted Cheese Bread Turkey & Cheese Mini Sub *Chef Salad SIDES - CHOOSE ONE OR MORE Parsley Potatoes Steamed Broccoli Applesauce Fresh Cantaloupe	ENTREES - CHOOSE ONE 4x6 Nardone's Cheese Pizza Teriyaki Chicken w/Rice Chs Stick/Yogurt/Honey Granola *Chef Salad SIDES - CHOOSE ONE OR MORE Corn Bell Pepper Strips Fruit Cocktail Fresh SC grown Watermelon
28	ENTREES - CHOOSE ONE Chicken Smackers w/Breadstick *BBQ Sandwich Chs Stick/Yogurt/Honey Granola *Chef Salad SIDES - CHOOSE ONE OR MORE Green Beans Fresh Cauliflower Diced Pears Fresh Apple	ENTREES - CHOOSE ONE Teriyaki Beef Strips w/Rice & Brdstck *Hotdog Ham & Cheese Sandwich *Chef Salad SIDES - CHOOSE ONE OR MORE Steamed Mixed Vegetables Sliced Cucumbers Pineapple Juice Variety	ENTREES - CHOOSE ONE Italian Chickn Penne w/Cinn Roll Toasted Cheese Sandwich Combo Deli on Bun Chicken Strip Salad SIDES - CHOOSE ONE OR MORE Corn Caesar Salad Fresh SC Grown Peaches Fresh Grapes	 	

MEALTIME MESSAGE

Lunch \$2.75

Assorted Milk Choices Available Daily for Breakfast and Lunch: 1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla

This Month's SC Grown Fresh Produce...



Fun Facts:

The first cookbook published in the United States in 1796 contained a recipe for watermelon rind pickles. Food Historian John Martin Taylor says that early Greek settlers brought the method of pickling watermelon with them to Charleston, South Carolina.

The peach tree is often considered to be the tree of life.

** Contains Pork

All Bread that is served in Lexington School District #1 is Whole Grain.

Menu Items subject to change based upon availability.



Non-Discrimination Statement: The U.S. Department of Agriculture (USDA) prohibits Discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, genderidentity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202)690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800)845-6136 (in Spanish).