

May & June 2016

Elementary School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Tenders w/Breadstick Meatball Sub Chs Stick/Yogurt/Honey Granola *Chef Salad Green Beans Fresh Baby Carrots Mandarin Oranges Fresh Apple	3 *BBQ w/Rice & Breadstick Corn dog Ham & Cheese Sandwich *Chef Salad Cucumber & Tomato Salad Picante Pinto Beans Fruit Cocktail Juice Variety	4 *Sausage & Pancakes Hamburger Combo Deli on Bun Chicken Strip Salad Sweet Potato Waffle Fries Spinach Salad Peaches Fresh Grapes	5 Chic Cordon Bleu w/Breadstick Mozz. Twisted Cheese Bread Turkey & Cheese Mini Sub *Chef Salad Parsley Potatoes Steamed Broccoli Applesauce Fresh Cantaloupe	6 4x6 Nardone's Cheese Pizza Teriyaki Chicken w/Rice Chs Stick/Yogurt/Honey Granola *Chef Salad Corn Bell Pepper Strips Fruit Cocktail Fresh Orange Slices
9 Chicken Smackers w/Breadstick *BBQ Sandwich Chs Stick/Yogurt/Honey Granola *Chef Salad Green Beans Fresh Cauliflower Diced Pears Fresh Apple	10 Teriyaki Beef Strips w/Rice & Brdstix *Hotdog Ham & Cheese Sandwich *Chef Salad Sliced Cucumbers, Steamed Mixed Vegetables w/Fresh SC Grown Zucchini Pineapple Juice Variety	11 Italian Chickn Penne w/Cinn Roll Toasted Cheese Sandwich Combo Deli on Bun Chicken Strip Salad Corn Caesar Salad Peaches Fresh Grapes	12 Tostitos w/Chilli & Cheese Grilled Chicken Sandwich Turkey & Cheese Mini Sub *Chef Salad Veggie Cup Black Eyed Peas Fruit Cocktail Fresh Blueberries w/Fresh SC Grown Blueberries	13 Pint Size Cheese Pizza Fish Nuggets w/Roll Chs Stick/Yogurt/Honey Granola *Chef Salad Sliced Tomatoes Confetti Collards Fruit Cocktail Fresh Cantaloupe
16 Chicken Nuggets w/Roll Toasted Cheese Sandwich Chs Stick/Yogurt/Honey Granola *Chef Salad Green Beans Seasoned Carrots Mandarin Oranges Fresh Apple	17 Roasted Chicken w/Breadstick Hamburger Ham & Cheese Sandwich *Chef Salad Steamed Broccoli Baked Beans Fruit Cocktail Juice Variety	18 *Sausage & Pancakes Hamburger Combo Deli on Bun Chicken Strip Salad Sweet Potato Waffle Fries Spinach Salad Peaches Fresh Grapes	19 Mozzarella Cheese Sticks *Corn dog Combo Deli on Bun Chicken Strip Salad Steamed Mixed Vegetables w/Fresh SC Grown Zucchini Bell Pepper Strips Peaches, Fresh Grapes	20 4x6 Nardone's Pepp Pizza Beef Stroganoff w/Noodles Chs Stick/Yogurt/Honey Granola *Chef Salad Corn Celery Sticks Fruit Cocktail Fresh Orange Slices
23 Chicken Smackers w/Breadstick Sloppy Joe Chs Stick/Yogurt/Granola *Chef Salad Green Beans Roasted Cauliflower Diced Pears Fresh Apple	24 Beef Taco Large Macaroni & Cheese & Brdstix Ham & Cheese Sandwich *Chef Salad Black Eyed Peas Veggie Cup Pineapple Tidbits Juice Variety	25 Spaghetti w/Cinn Roll Chicken Sandwich Combo Deli on Bun Chicken Strip Salad Steamed Squash Caesar Salad Peaches Fresh Blueberries w/Fresh SC Grown Blueberries	26 ** B-Day Rice Krispy Treat** Chicken Pot Pie w/Breadstick *Hotdog Turkey & Cheese Mini Sub *Chef Salad Seasoned Carrots Slice Cucumbers Applesauce Fresh Banana	27 NY Cheese Pizza Fish Sandwich Chs Stick/Yogurt/Granola *Chef Salad Corn Garden Salad Fruit Cocktail Fresh Orange Slices
30 No School (Holiday)	31 *BBQ w/Rice & Breadstick Corn dog Ham & Cheese Sandwich *Chef Salad Cucumber & Tomato Salad Picante Pinto Beans Fruit Cocktail Juice Variety	June 1 ½ Day Breakfast Only – No Lunch	June 2 ½ Day – Last Day of School Breakfast Only – No Lunch	

MEALTIME MESSAGE

Lunch \$2.75

Assorted Milk Choices Available
Daily for Breakfast and Lunch:
1% White, Skim White, Fat Free
Chocolate, Strawberry, and Vanilla

This Month's SC Grown Fresh Produce....



Blueberries



Zucchini

Fun Facts:

Strawberry juice combined with honey will reduce inflammation or sunburn. Rub the mixture thoroughly into the skin before rinsing off with warm water and lemon juice.

In order to reap the benefits of cabbage to its fullest extent, it is advisable that steaming and stir-frying of cabbage is done so that the nutrients are preserved. It is also advisable to eat raw cabbage.

** Contains Pork

Menu Items subject to change based upon availability.



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