

September 2016

Elementary School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Entrée-Choose One C1 Meatloaf w/Roll C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Mashed Potatoes Honey Dill Carrots Peach Cup, Fresh Grapes	2 Entrée-Choose One C1 Pizza C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Tator Tots Broccoli Salad Mandarin Oranges, Pear
5 Labor Day! Holiday!	6 Entrée-Choose One C1 Spanish Rice Bowl w/Seasoned Beef C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Black Bean Salad Tex Mex Corn Fresh Grapes, Peach cup	7 Entrée-Choose One C1 Chicken Alfredo w/Texas Toast C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Steamed Broccoli Marinated Italian Tomatoes Fresh Strawberries, Pineapple	8 Entrée-Choose One C1 Chicken Bog ** C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Breaded Okra Confetti Collards Fresh Melon, Fruit Cocktail	9 Entrée-Choose One C1 Pizza C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Ginger Glazed Carrots Kale and Mandarin Orange Salad Fresh Orange, Applesauce
12 Entrée-Choose One C1 Chicken Sandwich C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Veggie Cup w/Dip Garden Salad Mandarin Oranges, Fresh Apple	13 Entrée-Choose One C1 Tostito Scoops w/Beef C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More TexMex Corn Pico De Gallo Pineapple, Applesauce	14 Entrée-Choose One C1 Meatball Sub C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Garlic Ranch Green Beans Parsley Roasted Potatoes Fresh Banana, Peach Cup	15 Entrée-Choose One C1 Chicken Nuggets C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Steamed Cabbage Black Eye Peas Fresh Grapes, Diced Pears	16 Entrée-Choose One C1 Pizza C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Broccoli Salad Sliced Tomatoes Applesauce, Fresh Fruit Cup
19 Entrée-Choose One C1 Twisted Mozzarella Breadstick C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Steamed Broccoli Pizza Green Beans Fresh Grapes, Fruit Cocktail	20 Entrée-Choose One C1 Chicken Nuggets C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Steamed Corn Sweet Potato Fries Pineapple, Applesauce	21 Collaborative Planning Day Deli Sandwich Cheez-Its Baby Carrots Celery Sticks Fresh Apple Cool Rips	22 Entrée-Choose One C1 Green Dragon Chicken w/Rice C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Teriyaki Glazed Vegetables Kale and Mandarin Orange Salad Fresh Orange, Applesauce	23 Entrée-Choose One C1 Pizza C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Carolina Coleslaw Black Eye Peas Fresh Banana, Diced Pears
26 Entrée-Choose One C1 Chicken Sandwich C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Garlic Ranch Green Beans Oven Baked French Fries Sliced Peaches, Fruit Cocktail	27 Entrée-Choose One C1 Chicken Quesadilla C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Sliced Tomatoes Picante Pintos Fresh Orange, Fresh Melon	28 Entrée-Choose One C1 Country Beef Steak w/Gravy C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Breaded Okra Steamed Corn Applesauce, Fresh Strawberries	29 Entrée-Choose One C1 Chicken and Waffles C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Steamed Spring Vegetables Confetti Collards Mandarin Oranges, Fresh Apple	30 Entrée-Choose One C1 Pizza C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Sweet Potato Fries Spinach Salad Fresh Banana, Fresh Grapes

MEALTIME MESSAGE

Lunch \$2.75
Assorted Milk Choices Available
Daily for Breakfast and Lunch:
1% White, Skim White, Fat Free
Chocolate, Strawberry, and Vanilla

This Month's SC Grown Fresh Produce....

Tomatoes
Cilantro

** Contains Pork

Menu Items subject to change
based upon availability.



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