

November 2016

Elementary School Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | MEALTIME MESSAGE |
|---|--|--|--|--|--|
| | 1 Entrée-Choose One C1 Chicken Nuggets w/Roll C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Peas and Carrots Steamed Corn Orange Wedges, Applesauce | 2 Entrée-Choose One C1 Country Beef Steak w/Rice and Gravy C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Breaded Okra Steamed Broccoli Strawberries, Sliced Peaches | 3 Entrée-Choose One C1 Chicken and Waffles C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Steamed Spring Vegetables Confetti Collards Mandarin Oranges, Apple | 4 Entrée-Choose One C1 Pizza C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Pepper Strips w/Dip Baked Beans Fresh Banana, Fresh Grapes | <u>MEALTIME MESSAGE</u> Lunch \$2.75 Assorted Milk Choices Available Daily for Breakfast and Lunch: 1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla ~~~~~ This Month's SC Grown Fresh Produce.... Bell Pepper Collard Greens ~~~~~ ** Contains Pork <i>Menu Items subject to change based upon availability.</i> |
| 7 Entrée-Choose One C1 Mozzarella Cheese Sticks w/Marinara C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Caesar Salad Green Beans Mandarin Oranges, Apple | 8 Election Day No School | 9 Entrée-Choose One C1 Hot Dog C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Roasted Cauliflower Baked Beans Fresh Banana ,Applesauce | 10 Entrée-Choose One C1 Meatloaf w/Roll C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Mashed Potatoes Honey Dill Carrots Peach Cup, Fresh Grapes | 11 Entrée-Choose One C1 Pizza C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Oven Baked Fries Fresh Broccoli Mandarin Oranges, Pear | |
| 14 Entrée-Choose One C1 Scrambled Eggs w/Cheese Grits and Sausage C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Tator Tots Sliced Tomatoes Mandarin Oranges, Apple | 15 Entrée-Choose One C1 Spanish Rice Bowl w/Seasoned Beef C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Pepper Strips w/Dip Tex Mex Corn Fresh Grapes, Peach cup | 16 Entrée-Choose One C1 Vegetable Soup w/Toasted Cheese Sandwich C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Steamed Broccoli Baby Carrots w/Dip Strawberries, Pineapple | 17 Thanksgiving Day Meal Roasted Turkey w/Cranberry Sauce & Roll Cornbread Dressing Green Beans Sweet Potatoes Apple Crisp, Fresh Pear | 18 Entrée-Choose One C1 Pizza C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Peas and Carrots Kale and Mandarin Orange Salad Fresh Orange, Applesauce | |
| 21 Entrée-Choose One C1 Chicken Sandwich C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Veggie Cup w/Dip Garden Salad Mandarin Oranges, Fresh Apple | 22 Entrée-Choose One C1 Tostito Scoops w/Beef C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Managers Choice Fresh Vegetable Sweet Potato Fries Pineapple, Applesauce | 23 No School | 24 Happy Thanksgiving! No School | 25 No School | |
| 28 Entrée-Choose One C1 Mozzarella Cheese Sticks w/Marinara Sauce C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Steamed Broccoli Pizza Green Beans Fresh Grapes, Fruit Cocktail | 29 Entrée-Choose One C1 Chicken Nuggets w/Roll C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Steamed Corn Sweet Potato Fries Pineapple, Applesauce | 30 Entrée-Choose One C1 Spaghetti w/Garlic Texas Toast C2 Yogurt/String Cheese/Cookie C3 Chef Salad Sides-Choose One or More Caesar Salad Baby Carrots w/Dip Fresh Apple, Peach Cup | | | |



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